The Voice of Tohoku Gakuin

Episode 5: The Foods of Sendai

O Transcript

A: Hello, welcome to Tohoku Gakuin podcast. The podcast is produced by students at Tohoku Gakuin University. My name is Leo. I'm a 3rd year student.

B: And I'm Hinako. We're your presenters and we have a lot of things for you to listen to today, but before we start I think we should introduce ourselves. Leo?

A: Ok, I'm Leo. I'm very passionate about playing soccer and watching TV dramas.

B: Oh! You like TV dramas?

A: Yeah! I really like watching foreign dramas, too. My favorite TV drama is 'High School Musical'.

B: Sounds great! You know I actually appeared as an extra in 'High School Musical'.

A: No way!

B: Yep! And at that time I invented the space shuttle and went into the universe and ran into an extra-terrestrial.

A: Oh! An extra-terrestrial. Ha-ha. Very funny. By the way, tell us a bit about yourself, Hinako?

B: Oh. Sorry, I almost forgot! I'm Hinako. I'm a 3rd year student at Tohoku Gakuin University. I like to listen to the music. Especially I like Korean hip hop and R&B

A: Good! Let's move on to a today's topic: 'the food you must try when you come to Sendai.'

B: Sounds really interesting! I know Sendai has tons of amazing foods so I think that's a perfect topic!

A: And also today we've invited two students who know a lot about the delicious foods of Sendai. We're going to have them explain about the food you must try when you come to Sendai. But before that, for those of you who don't know Sendai, let me talk a bit about it. Sendai is the capital city of Miyagi prefecture and is in the Tohoku region of North Eastern Japan.

B: Good job, Leo! It's time to call the two specialists. Come on <u>name</u> and <u>name</u>.

C: Hello! I'm name.

D: And I'm name.

A: Welcome to our show! How are you both doing?

C: I'm very well.

D: I'm little bit nervous but good.

B: Ok! Are you ready to talk about the foods that people who come to Sendai must try.

C: Yeah, I'm totally ready!

D: Me too!

B: Can you first tell us about it, name?

C: Ok! The food that I highly recommend is Gyutan. Sendai is really famous for its Gyutan. It consists of pieces if thinly sliced beef tongue, cooked often over a charcoal grill. The best thing about Gyutan is the texture. It's quite firm and that's quite addictive. And Gyutan taste like steak, but it's quite lean. I think it's healthier than steak because there's no fat in it.

A: Gyutan tastes much better with a little lemon juice, right?

C: Absolutely! The combination of juicy Gyutan and sour lemon juice is amazing!

B: Sounds good! That makes me wanna eat it right now. Ha-ha.

A: Thanks for the valuable information, <u>name!</u>

B: Next, name, let us tell about the food you recommend?

D: Ok! I'm going to talk about Zunda. Zunda is a paste made from the Edamame, or baby soybean. The paste is sweetened with sugar and a little salt. As a result, it has a slightly beany taste with a sweet and fresh flavor, making it a good match for desserts like rice cakes, shakes and a lot more!

C: Especially, Zunda rice cake is really right!

B: Yeah! That's absolutely good.

D: Have you ever had Zunda soft serve ice cream? That's fantastic as well.

C and B: Of course!! It's a perfect combination!

A: Well, I'm afraid we're out of time.

B: NO! We could talk for hours.

C: Yeah.

A: So I'm hoping that we've inspired our listener today to go and explore foods in Sendai are. And if you come to Sendai, as two specialists said, you must try Gyutan and zunda.